DAY '

READ MATTHEW 6:25-30

Head outside for your time with God today. Take a look around at everything you see. **Make a LIST OF ALL THE THINGS GOD Mape.**

Now, what do you see that God made but doesn't care about?

Hopefully you wrote "nothing," because God loves and cares for everything He made. If He cares about everything—from a blade of grass to a hungry robin—how much more does He love and want to provide for you?

Pick a flower or rock (with your parent's permission!) and keep it somewhere you can see it all week long. Every time you see it, thank God for taking care of all your needs.

THANK God for taking care of what He made, especially you!

DAY 2

READ HEBREWS 13:5

Clench your firsts for as long as you can, while you try to do some of your normal routine (brushing your teeth, combing your hair, eating breakfast, etc.). It's impossible to keep clenching your fists while you do the things you need and want to do, isn't it?

Some people spend their lives with clenched fists—holding on to what they have and trying to get even more into their hands at the same time. If instead we all lived our lives trusting that God would take care of us, we wouldn't have to spend our days plotting how to get more and more stuff. Instead of worrying about how to get more stuff, more money, more popularity, we could relax and know that God's got it covered! And then we can do the things we need and want to do with our time!

ASK God to help you relax and trust Him instead of always trying to get more.



READ PHILIPPIANS 4:19

Go downstairs and look in your freezer. What do you see in there? Maybe some waffles or pizza, or if you're lucky, ice cream. Now close the door.

Imagine if you couldn't trust the freezer. What if sometime the freezer decided, "I don't feel like freezing food today" and it just stopped? That would be awful! And probably lead to a thawed-out, soggy mess! You'd hate to waste any of that food, so you might try to get it all eaten really fast ... which means you'd probably get a really bad stomachache!

Usually you can trust your freezer to freeze food like you need it to, because that's its job. Just like we can always trust God to take care of our needs. We don't have to worry if what we need will be there the next day, because God provides for us!

LOOK for all the ways God meets your needs, and thank Him!



READ 2 CORINTHIANS 3:4-5

Have you ever thought about how great it is that we're not in charge?! So many times we think we are or wish we were. We think if we do all the right things and play by the rules, we'll be just fine. But then something bad happens and suddenly we realize we're not really in control at all. And surprisingly, that's a relief! Because God makes a MUCH better God than we do. We can trust Him to provide for everything we need today, AND everything we'll need tomorrow!

What is something that you often find yourself worrying about?

Why can you be confident that it will work out? (Hint: It's not because of anything you can do to fix things.)

No, because God's in control of our tomorrows!

KNOW that God's got in charge, so you can relax and be worry-free.



