

# LIFE NOTES

MISSION HIGH SCHOOL | APRIL 21/22

## Day 1 | TRUST: In God's Power

**Read)** Psalm 104. All we need to do is look around us to see that we serve a powerful God. A God that we can only begin to fathom. Another beautiful example of God's power is in Job chapter 38. A complaint had just been voiced against God, and God's answer to this accusation is astounding.

**Look)** Open your eyes to the world around you - see how powerful our God is!

**Journal)** Have you ever been someplace where you felt a sense of awe at the power of God? My place was on a night safari in Zambia. Our roofless jeep shut off all power in the middle of a small field. We laid back looked up at the stars - I have never seen this many stars.. and so clearly. It felt as if all creation was screaming His glory. It was overwhelming. Write about your place - and write about things in your daily life that you can marvel at.

## Day 2 | TRUST: That God Knows You

**Read)** Matthew 10:28-31. God knows every piece of His massive creation - every animal on the ground, bird in the air, fish in the sea... every plant, tree, cloud, earthquake, storm. In the midst of all this, you can trust that He knows you. In fact, He pays such close attention to you that He knows each hair on your head.

**Look)** Today, remind yourself that you are known and cared about in a way that you can barely begin to understand.

**Journal)** Who in your life do you feel knows you best? Why do you feel that is? Is it difficult to believe that God knows you even better? Why or why not?

## Day 3 | TRUST: God + You = Amazing

**Read)** John 6:1-13. God knows you. He knows what you have... your talents, gifts, abilities, possessions... After all, He gave them to you in the first place. You can trust that amazing things will happen when you bring these gifts, talents, abilities or possessions, no matter how small they seem, and offer them back to God. Think about it... the smaller the offering, the more God can show His awesome power! Jesus knew that little boy's lunch was going to feed thousands of people - but he didn't ask him to bring more. Just what he had.

**Look)** Look for ways to give back to God today.

**Journal)** What things has God given you that you need to trust Him with. Can you think of any gifts or talents or abilities that you could offer back to Him... what would that look like?

## Day 4 | TRUST: That God Will Give You Strength

**Read)** 2 Corinthians 4:7-18. Living for God does not guarantee an easy life. It is a tough road! Paul, the writer of 2 Corinthians was in jail several times, beaten, shipwrecked... but he was strengthened inwardly by God. You can trust that in any situation, God wants to renew and strengthen your soul - day by day.

**Look)** Look for opportunities to encourage your Christian brothers and sisters.

**Journal)** Day by day... what does that mean to you? Paul was daily coming to God. Praying, rejoicing, asking for help. How important is it to approach and spend time with God daily?

## Day 5 | TRUST: That Heaven Is Real

**Read)** John 14:1-4. We are in a relationship with a God who has promised us paradise... literally. Whatever we do here on earth, whatever situation we find ourselves in, we can trust that we will spend eternity with our powerful and loving maker.

**Look)** Find a quiet moment today and spend time thanking God for His love and involvement in your life.

**Journal)** What do you think heaven will be like? Does believing there is a heaven... really believing that you will be there one day... change the way you behave here and now?

## Day 6 | APPROACHING GOD DAILY

Read the following. Then look back over your journal from the last week. Does anything stand out? Does anything seem less important several days after the fact?

When we come to the root of the matter, the most important thing is our desire. The Lord will reveal himself and enter into our lives to the extent we believe this is really possible and want it. "Ask and you shall receive, seek and you shall find." No one respects our freedom as completely as he does. "Behold I stand at the door and knock and IF one opens it, I will come in." He never pushes the door open. He waits for us to open. This is what we do daily - we open the door of our mind and heart for him to enter. And he will.

- Basil Pennington

**CONVERSATION** communication, communion, confab, confabulation; conference, consultation, converse  
 double entendre, exchange, expression, gab, gossip, hearing, **chat**, valuation; palaver, parley, pillow talk, powwow,  
 questioning, remark, repartee, story, tale, yarn  
**dialogue** dialectic, exhortation, expostulation, explication, explanation, interchange, intercommunication, intercommunion, interconference,  
 consultation, converse, debate, discussion, exchange, expression, gab, gossip, hearing, live observation, palaver,  
 parley, question, reply, response, story, tale, yarn  
**Discussion**

Below are some discussion questions. Spend some time talking over some of these things with your leaders, friends and family...

- Discuss a place where you felt most in awe of God's power.
- Was there a time this week that you really felt God moved in your life?
- Was there a time this week that you felt alone and wished He made himself known?
- Discuss the talents/gifts that God may be wanting to use in your life.

Connect with MISSIONHS

We would also love to hear your story - what are you learning and how are you growing closer to God and your MISSION family? Let us know on Facebook or by emailing Ryan at [ryang@mission68.org](mailto:ryang@mission68.org)

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