

LifeNotes



MISSION HIGH SCHOOL | MAY 5/6

Day 1

Read) Jeremiah 17:5-6. Living in the desert, we are all familiar with the rolling masses called tumbleweeds. The shallow roots cause them to be uprooted and aimlessly tossed about by the wind. Jason compared that shallowness to many aspects of our culture today. Our morality, relationships, sexuality, school decisions, careers, service to others and even faith seem to lack deep roots.

Look) For ways God is revealing Himself to you today.

Journal) What of the cultural aspects above stood out to you as something that needs attention in your life? Why do you think that is? What can you do to provide yourself a more stable and solid foundation in that area?

Day 2

Read) Jeremiah 17:7-8. The opposite of a tumbleweed is a healthy and fruit-bearing tree. Jeremiah paints a picture of a tree that is planted by a stream of water. It does not fear the heat. It's leaves are always green. It doesn't fear drought. It always bears fruit. It has deep roots that are constantly nourished.

Look) Identify people in your life who are deeply rooted and what it is that makes them seem that way to you.

Journal) The tree in Jeremiah always bears fruit. It doesn't fear heat or drought... meaning that it will encounter them. How do you think it keeps bearing fruit through a drought? Through the heat? How does this apply to your faith?

Day 3

Read) John 4:4-14. Jesus is living water for our souls - and we have unlimited access to this spiritual nourishment. God will strengthen us through any time in our lives - through our droughts and our abundance. We need to pursue Him, and that deepens our roots. Roots that draw strength from Him and His word.

Look) Where do you find your strength? Look today for things that motivate you.

Journal) What would your life look like if you consistently nourish your soul? How about if you never seek Jesus? Where do you feel like you are right now?

Day 4

Today we are going to meditate on John 15:1-17. Read through the whole section once. Now pause for a moment - ask God to show you a truth or word that your heart needs to hear. Re-read the verses. Pay attention... if anything stands out to you or tugs at your soul, take a moment to reflect on it. Write it down.

Journal) What is it that stood out to you? Why do you think that God wanted you to know that word or truth today?

Day 5

Read) John 10:1-11. Pay close attention to John 10:10. Thieves steal and kill and destroy. Think about the shallow things in our lives that are stealing the deeply rooted life that we could have with Christ. The good news is He is our guide - our shepherd. He will keep us safe and give us life... we need only keep ourselves deeply rooted in Him.

Look) Remind yourself throughout the day where your roots are.

Journal) How does the church look different if we are living a deeply rooted life? How about your generation?

Day 6

Look back over your notes for this week. What things have you learned about yourself? What things have you learned about God? Today, see if you can find some Christian brothers and sisters to discuss your discoveries with. Ask them what they have discovered about themselves or God recently. Have some intentional and meaningful fellowship - deeply rooted.

discussion

Below are some discussion questions. Spend some time talking over some of these things with your leaders, friends and family...

- How does the church look different if we are all living a deeply rooted life?
- How does this generation change the world if we are living a deeply rooted life?
- Talk about the shallow existence that our culture is promoting. What do you struggle with most? In what areas are you strong and deeply rooted?
- Was there a time this week that you really felt God moved in your life?
- Was there a time this week that you felt alone and wished He made himself known?

Connect with MISSIONHS

We would also love to hear your story - what are you learning and how are you growing closer to God and your MISSION family? Let us know on Facebook or by emailing Ryan at ryang@mission68.org