

Life Notes

MISSION JH | May 12/13

Day 1

READ: Exodus 29:44-46. God is holy. Pure. After Adam and Eve in the Garden, people have sin in their hearts; sin is impure and unholy. God was going to live with his people, but His temple had to be holy and set apart - just like Him. That is what consecrated means... Holy or Set Apart. God's room was behind a curtain that only one person could approach once a year!

LOOK: God is with you each moment - look for ways Him throughout your day.

JOURNAL: Start thinking about what it means to be 'set apart'. What areas in your life would a non-Christian look at and see a different way of living? Different than what the world wants us to believe is important?

Day 2

READ: Today we are going to visit the new Temple. In fact, you are there right now! Check out 1 Corinthians 3:16. God moved out of His one-room home and sent the Holy Spirit into the hearts of everyone who believes in Jesus and has invited Him in. You are at the new temple because you are the new temple!

LOOK: Find a quiet place and spend some time praying - ask God to lead you.

JOURNAL: Every Christian in your life is a temple... a dwelling place for God. Does this change the way you treat each other? The way you treat yourself? Should it?

Day 3

READ: So how did this happen? How can a person now be a dwelling place for God when, in Exodus, they couldn't even go in his room!? The answer is: Jesus. Remember the curtain that separated God from men? Read Matthew 27:45-51. Jesus paid for ALL of our sin making us pure, holy, set apart. A consecrated dwelling place.

LOOK: Remember through your day that you are HOLY and LOVED.

JOURNAL: Truth is: You are holy, set apart, loved. Which of these truths is the most difficult for you to believe? Why? Which is the easiest?

Day 4

READ: 1 Corinthians 6:18-20. As Christ-followers, we are called to live differently than the world around us. The world focuses SO much on the outside with a huge push for 'sexy'. It's in magazines, on billboards, in songs. How do we live differently?

LOOK: **Girls:** Cute clothes and makeup aren't bad, but examine where your heart is when you put them on. You are dressing a Holy Temple. **Boys:** Resist the temptation to focus on 'sexy' with your eyes and your words. Appreciate the people in your life for what is in their hearts.

JOURNAL: Is this something that is difficult for you at this moment in your life? Why or why not? Does reminding yourself that you are a temple help?

Day 5

READ: 2 Corinthians 5:17. Since we are in Christ, we are a new creation. Jesus paid the ultimate price so that we can have a personal relationship with our Creator. Our lives need to honor that sacrifice. The things we allow in our hearts and way that we treat our 'temple' show where our heart's position is.

LOOK: Think of a person in your life who you look up to and who shows you how to live this way. Text or call or email them and thank them for their impact on your life.

JOURNAL: What have you learned about yourself throughout this week? What have you learned about God? About the world?

Talk about it...

Questions & topics for conversation with your leaders, family & friends...

- What does it mean to be set apart? What are some examples that could be useful when trying to explain it?
- How does the church look if everyone lives each moment of their lives remembering that they are a temple?
- Who do you look up to? Why?
- Discuss our cultures push to be 'sexy' and God's call to focus on what is inside.
- Was there a time recently that you needed God but felt like He didn't show up for you?
- Was there a time recently that God really showed up for you and you felt His presence or guidance?

Contact Information

If you have questions or would like someone to talk to this week, email Josh at joshb@mission68.org. We would also love to hear your story - what are you learning and how are you growing closer to God and your MISSION family? Let us know by sharing with your leaders or emailing Josh.

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